

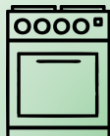


**Item #: 81002**  
**WG “New York Style” Garlic Knot**

Effective Date: 01/24/2024  
 Supersedes: 09/26/2023

Pack Size: 162 Knots  
 Serving Size: 1 Knots, 2.00 oz  
 Servings Per Case: 162

STATEMENT OF CHILD NUTRITION FOOD BASED MEAL PATTERN EQUIVALENCY: 2.00 OZ EQ GR

**PREPARATION INSTRUCTIONS**

<p>For best results Keep frozen until ready to prepare.</p>			
<p><b>Baking</b></p>	<p>Preheat convection oven to 350 °F (conventional oven to 375 °F).</p>	<p>1. Place frozen Garlic Knots on a parchment lined sheet pan.</p>	<p>Bake knots for 7-9 minutes.</p>



- Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165 °F.
- Holding: Hold for up to 2 hours in a warmer at 145 °F.

**INGREDIENTS**

**Knot Roll:** Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzymes, Folic Acid), Sugar, Yeast, Soybean Oil, Wheat Gluten, Salt, Ascorbic Acid, Enzymes, Rye Flour. **Topping:** Margarine (Canola, Cottonseed And/Or Soybean Oils, Palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Natural Flavor, Annatto Extract Color, Turmeric Extract Color, Vitamin A Palmitate), Granulated Garlic, Salt, Lactic Acid, Parsley Granules, Natural Flavors.

**ALLERGENS:** Contains Wheat & Soy.  
 Manufactured on equipment that processes Milk, Eggs, & Sesame.

**ITEM DETAILS**

**UPC:** 00810089290120  
**Shelf life:** 12 months frozen (-10 °F to 10 °F)  
**Pack Size:** 162  
**Serving Size:** 1 knot, 2.00 oz  
**Servings per Case:** 162  
**GRAINS:** 51% of the grains used in this product are whole grains

**PACKING INFORMATION**

**Gross Case Wt:** 23.01 lbs.  
**Net Wt:** 20.25 lbs.  
**Dim:** 24.00"x16.00"x12.20"  
**Pallets/truck:** 30  
**Case Cube:** 2.71 ft<sup>3</sup>  
**Pallet height:** 90.4 inches  
**Ti-Hi:** 5 x 7  
**Cases/pallet:** 35

**Nutrition Facts**

<b>Serving size</b>	<b>1 Knot (57g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 3g	
Includes 2g Added Sugars	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 12mg	<b>0%</b>
Iron 2mg	<b>10%</b>
Potassium 109mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Kelly Orlando*, QA & Regulatory Manager

**BID SPECS**

Each knot to meet 2 oz eq gr, 51% WG.  
 Each srvg to have no more than 170 calories; 190mg sodium and 6g fat and 1.5g sat fat.